

# Nationaux de Ski 2013 Haywood Ski Nationals



Including the Canadian Colleges and  
Universities Nordic Championships  
(CCUNC)



## RACE NOTICE

### Date

Saturday, 23 March - Saturday, 30 March 2013

### Location

Whistler Olympic Park, Callaghan Valley, British Columbia

### Hosted by

Callaghan Valley Cross Country Ski Club

### Sanctioned by

Cross Country Canada (CCC), the International Ski Federation (FIS) and the International Paralympic Committee (IPC)

### Rules

CCC Canadian Competition Rules (CCR), FIS International Competition Rules (ICR), IPC Nordic Skiing Rules

**Event Website:** [www.skinationals.com](http://www.skinationals.com)

### Events Overview

**Sat Mar 23** Team Sprints (F) - all cat except Para-Nordic

**Sun Mar 24** Interval Start (F) - all categories

**Tues Mar 26** Interval Start (C) - all categories

**Wed Mar 27** Short Sprints (C) - Jv B/G, JrB/G, Para-Nordic

**Thurs Mar 28** Long Sprints (C) - JrM/W, Open M/W, CCUNC

**Sat Mar 30** Mass Starts (F) - all categories

C = Classic Technique, F = Free Technique

## Competition Organization

Event Chair	Sherryl Yeager	(778) 887-7669	sherryl@callaghanxcski.ca
Competition Secretaries:	Nancy Flood	(250) 372-2425	secretary@callaghanxcski.ca
	Jacqui Richards	(250) 362-9595	
Chief of Competition:	Dirk Rohde	(604) 942-6410	dirk@callaghanxcski.ca
Chief of Course:	Chuck Beebe		
Chief of Competition Control:	Mary Waddell		
Chief of Timing:	Janice Tedstone		
Chief of Stadium:	Delores Franz Los		
Chief of Security:	Dan Miller		

## Jury

Technical Delegate:	Mike Norton	Mike.Norton@winsportcanada.ca
Assistant Technical Delegate:	Claude Chabot	ed@xcskiwhitehorse.ca
CCC Race Director	Dave Dyer	ddyer@cccski.com
Chief of Competition	Dirk Rohde	dirk@callaghanxcski.ca

## Eligibility

Eligibility requirements are described in detail in Section 6.2 of the Technical Package for the 2013 Haywood Ski Nationals: <http://www.cccski.com/Events/Technical-Packages.aspx>

1. **Full Eligibility.** This category allows the competitor to compete for Canadian Championship medals and awards from CCC and prizes provided by the LOC or sponsors. As well, skiers in this category of eligibility may earn points towards overall Canadian Aggregate awards (Club, Division, or Individual). To achieve full eligibility the skier must fulfill the following requirements: i) have a valid CCC race licence from the current season & ii) be a Canadian citizen or landed immigrant.
2. **Partial Eligibility.** This category allows a competitor to compete in the Canadian Championships, but only for LOC or sponsor generated prizes, including cash prizes in the open class. This category of eligibility does not allow the skier to earn points toward any of the overall Canadian or CCUNC Aggregate Championship awards. Skiers in this eligibility category would include: i) individuals with a current foreign (i.e., non-Canadian) National Ski Association licence and, ii) athletes who have a current CCC race licence, but are not Canadian citizens and do not have a permanent resident card (i.e., are not landed immigrants).

### CCUNC

The 2012/2013 Canadian College and University Nordic Championships (CCUNC) are open to all racers who are full time students at a Canadian college, university or CEGEP (Quebec). Eligibility requirements are explained in the Canadian Interuniversity Sport (CIS) By-laws, Policy and Procedure guidelines (<http://www.cis-sic.ca>). Eligibility of student competitors must be confirmed by the registrar of their college or university with a document that verifies the athlete meets the criteria for full-time enrolment (i.e., typically a minimum of 3 courses per semester). A form to provide such documentation is attached; **it must be received by the CCC DEM by Monday, 18 March 2013. Send to Dave Dyer: ddyer@cccski.com**

Para-Nordic:

There are no age categories or sub-categories for Para-Nordic. All athletes will be entered into the open sit or standing categories.

**Registration Process**

Entry Process: All entries and payment must be processed through the online registration system via Zone4 at [www.zone4.ca](http://www.zone4.ca)

Team Captains and other team staff must also register online ([www.zone4.ca](http://www.zone4.ca)) in order to obtain wax room keys, event trail passes for their teams, and enter team sprint pairings.

All registration fees are payable at the time of online registration (Visa and Mastercard are supported). Refunds are given only in the event that organizers cancel the event. In the event of cancellation, organizers reserve the right to retain a certain percentage of fee paid in order to cover costs to the date of cancellation.

Please note the following timelines for regular registration and when additional late fees will apply.

**Timelines and Fees**

Registration Open	Online registration opens on <b>27 January</b> 2013.
Extra Wax Cabins	Order by <b>15 February</b> : \$2000 - \$3000 for the event (price to be confirmed).
Race Entry Regular Fee	Register by midnight (PST) Sunday, <b>10 March</b> . Regular entry fee is 40.00 per individual competition (+ HST and Zone4 fee) and \$40.00 per team (+ HST and Zone4 fee) in the Team Sprint.
Late Registration	<b>After March 10</b> , fees increase to \$50.00 per individual competition and per team (+HST and Zone4 fee).
Race Entry Deadline	By Sunday, <b>17 March</b> at 15:00 (3:00 pm) PST, entries must be received online: No entries accepted after this time.
CCUNC Eligibility Verified	By Monday, <b>18 March</b> at 15:00 (3:00 pm) PST, documentation from registrar verifying status as a full-time student must be received by the CCC DEM, Dave Dyer (form attached).
Banquet	Banquet spaces are limited and it is recommended that banquet tickets be purchased at the time of race registration. Before Sunday, <b>10 March</b> at midnight PST, tickets are \$30 each (+HST +Zone4 fee) for athletes and coaches, \$35 (+HST +Zone4 fee) for guests. After this date, they are \$40 each (+HST +Zone4 fee) for all purchasers. The last date to purchase banquet tickets (if not sold out) is Tuesday, <b>26 March</b> . They will be sold via Zone4 until 20 March and then (if available) in the Race Office when it opens on 21 March.
Team Sprint Entry	By Friday, <b>22 March</b> , 12:00 (12 noon) PST; entries via Zone4 or in the race office.

## Licences

In accordance with sections 6.2 and 6.3 of the Technical Package, all competitors must have a valid licence issued by CCC or the National Ski Federation of another country; **SMDL's or regional/state licences are not acceptable.** Skiers may also hold a FIS licence; if so, this number as well as the CCC or other national licence must be provided when registering.

This event is sanctioned as an IPC Nordic Skiing (IPCNS) point race. All races will be scored to the IPCNS points list, but only skiers who have a valid IPC licence by January 1, 2013 will get credit (IPC points) for racing. *\*It takes a minimum of 3 athletes with IPC points to score the race.* (<http://www.paralympic.org/NordicSkiing/RulesandRegulations/Rules>). All PN skiers must enter using Zone4. To be eligible to receive points, IPC licensed skiers must also be entered into the IPC online entry system. This will be done on their behalf subsequent to Zone4 entry.

## Seeding

Seeding will be in accordance with specifications stated in the Technical Package for the 2013 Haywood Ski Nationals, dated October 2012: <http://www.cccski.com/Events/Technical-Packages.aspx>

## Draw

The draw for each race will occur during the Team Captains' meetings, the night before each race.

## Team Sprints

Team sprints will use a format in which teams of 2 skiers ski 3 laps. Open, Challenge and CCUNC teams must be submitted via Zone4 or to the race office by 12:00 noon (PST), Friday 22 March, 2013.

## Race Courses

Maps of the race courses and stadiums will be available on the website at [www.skinationals.com](http://www.skinationals.com)

## Awards:

Prizes will be awarded as per the CCC Technical Package for the 2013 Haywood Ski Nationals (<http://www.cccski.com/Events/Technical-Packages.aspx>). Prizes winners must attend the awards ceremony each day. Awards will only be provided to 3rd place if four or more skiers participate in the category.

Aggregate awards will also be presented as per the CCC Technical Package for the 2013 Haywood Ski Nationals. Aggregate awards are only presented on the final day of competition, and are for the aggregate of all races, excepting the Team Sprint (there are no daily aggregate awards).

## Race Categories and Distances

Categories	Year of Birth	Team Sprint Mar 23	Interval F Mar 24	Interval C Mar 26	Sprint C Mar 27	Sprint C Mar 28	Mass F Mar 30
Juvenile Boys	1997	Chall Tsp	5 km	7.5 km	Sp 1 km		10 km
Junior Boys	1996 1995	Chall Tsp	10 km	7.5 km	Sp 1.2 km		15 km
Junior Men	1994 1993	Open Tsp	10 km	15 km		Sp 1.6 km	30 km
Open Men U23 & Sr	1992& before	Open Tsp	10 km	15 km		Sp 1.6 km	50 km
CCUNC	Open	Team Sprint	10 km	15 km		Sp 1.6 km	-
PN Men STANDING			5 km	7.5 km	Sp 1 km		15 km
PN Men SIT SKIER			5 km	7.5 km	Sp 0.8 km		10 km
Juvenile Girls	1998 1997	Chall Tsp	5 km	5 km	Sp 1 km		7.5 km
Junior Girls	1996 1995	Chall Tsp	5 km	10 km	Sp 1.2 km		7.5 km
Jr Women	1994 1993	Open Tsp	5 km	10 km		Sp 1.4 km	20 km
Open Women U23 & Sr	1992& before	Open Tsp	5 km	10 km		Sp 1.4 km	30 km
CCUNC	Open	Team Sprint	5 km	10 km		Sp 1.4 km	-
PN Women STANDING			5 km	7.5 km	Sp 1 km		10 km
PN Women SIT SKIER			2.5 km	5 km	Sp 0.8 km		7.5 km

Notes: C = classic technique; F = free technique;

Challenge team sprint: 0.7 km laps, CCUNC + Open Women team sprint: 1 km laps, Open Men team sprint: 1.2 km laps

## Trail Passes

Athletes and support people who will be skiing are responsible for their own Whistler Olympic Park trail passes prior to Friday 22 March. For the remainder of the event (official training days and race days), passes are available at the race office at no cost for registered athletes and support people. On race days, athletes do not need a pass if wearing race bibs, but support people do. Please check [www.skinationals.com](http://www.skinationals.com) for details.

All other persons who wish to ski on the trails before and during the event must purchase (at the gate) and display a valid trail pass. Regular trail pass rates (incl. GST) are as follows: Adult (19+) \$22.00; Youth (6-18) \$12.00. Discounted rates (15%) apply to group purchases of 10 or more passes.

## **Waxing facilities**

Wax cabins will be allocated by Division (including CCUNC) and by National Development Centres. Divisions are responsible for allocations amongst Division clubs and teams. Space allocation will be according to the number of registered athletes by Division. Based on existing capacity Divisions can expect an allocation of between 7 and 9 ft<sup>2</sup> / athlete and to be located at either the cross-country or biathlon stadiums. A deposit of \$20/key will be required upon arrival.

Teams may order additional wax trailers (to be located in the upper parking lot at cross country). The cost of additional rental is currently estimated at \$2000 - \$3000 for the event.

## **Venue Access**

Whistler Olympic Park will be open between 6am and 11pm from March 23-30. More information about Whistler Olympic Park can be found at [www.whistlerolympicpark.com](http://www.whistlerolympicpark.com)

## **Weather**

For up-to-date weather information in the Callaghan Valley, visit the Environment Canada website at: [http://text.www.weatheroffice.gc.ca/forecast/24\\_hour\\_conditions\\_e.html?vod&unit](http://text.www.weatheroffice.gc.ca/forecast/24_hour_conditions_e.html?vod&unit)

Weather information for the venue is also available at:  
<http://www.whistlerweather.org/library/callaghan.html>

## **Accommodation**

The 2013 Haywood Ski Nationals organizers have arranged discounted accommodation in south and downtown Whistler and north Squamish for event participants. Please go to [www.whistler.com/haywood\\_ski\\_nationals/](http://www.whistler.com/haywood_ski_nationals/) and make your bookings. Please book early as accommodation will be in high demand in this period. If you have any difficulty or special requests, please contact Kate Dickson at [kate@whistler.com](mailto:kate@whistler.com). For up to date information on accommodation, please check [www.skinationals.com](http://www.skinationals.com).

**EVENT TIMETABLE**  
**2013 Haywood Ski Nationals**  
**Nationaux de Ski Haywood 2013**

DATE	TIME (PST)	EVENT	LOCATION
Sunday, 27 January		Online registration begins	<a href="http://www.zone4.ca">www.zone4.ca</a>
Sunday, 10 March	midnight	Deadline for entries and purchase of banquet tickets without surcharge	<a href="http://www.zone4.ca">www.zone4.ca</a>
Sunday, 17 March	15:00	Final deadline for race entries	<a href="http://www.zone4.ca">www.zone4.ca</a>
Monday, 18 March	15:00	Deadline for receipt of CCUNC verification form	CCC DEM: send to Dave Dyer (ddyer@cccski.com)
Thursday, 21 March	15:00 19:00-20:00	Banquet tickets, if still available, go on sale (with \$5 or \$10 surcharge) in race office. Team Information Meeting	Race Office, Whistler Olympic Park Whistler Athlete Centre, 1080 Legacy Way, Whistler
Friday, 22 March	09:00-13:30 12:00 19:00-20:00	Official Training Deadline for submission of Open, Challenge and CCUNC teams for team sprints Team Captains' meeting	Whistler Olympic Park trails Via Zone4 or in the race office Whistler Athlete Centre, 1080 Legacy Way, Whistler
Saturday, 23 March	08:00-08:30 07:30-12:00 09:00-15:00 19:00-20:00	CC Training Bib pick up Team Sprints, Free Technique; Juv & Jr B/G and Jr & Sr M/W and CCUNC Team Captains' meeting	Whistler Olympic Park trails Race office, Whistler Olympic Park Sprint Courses Whistler Athlete Centre, 1080 Legacy Way, Whistler
Sunday, 24 March	08:00-08:30 07:30-09:00 09:00-13:00 13:00-15:00	CC Training Bib pick up Interval Start, Free Technique; Juv & Jr B/G and Jr & Sr M/W and CCUNC PN Interval Start, Short Distance Official Training	Whistler Olympic park trails Race office, Whistler Olympic Park Red & blue courses Whistler Olympic Park trails
Monday, 25 March	09:00-15:00 19:00-20:00	Official Training Team Captains' Meeting	Whistler Olympic Park trails Whistler Athlete Centre, 1080 Legacy Way, Whistler
Tuesday, 26 March	08:00-08:30 07:30-09:00 09:00-14:00 14:00-15:00 19:00-20:00	CC Training Bib pick up Interval Start, Classic Technique; Juv & Jr B/G and Jr & Sr M/W and CCUNC PN Interval Start, Medium Distance Official Training Team Captains' Meeting	Whistler Olympic Park trails Race office, Whistler Olympic Park Red & blue courses Whistler Olympic Park trails Whistler Athlete Centre, 1080 Legacy Way, Whistler



Wednesday, 27 March	08:00-08:30 07:30-09:00 09:00-13:00  13:00-15:00 19:00-20:00	CC Training Bib pick up Individual Sprint, Classic Technique; Juv & Jr B/G PN Individual Sprint, Classic Technique Official Training Team Captains' Meeting	Whistler Olympic Park trails Race office, Whistler Olympic Park Red & blue courses  Whistler Olympic Park trails Whistler Athlete Centre, 1080 Legacy Way, Whistler
Thursday, 28 March	08:00-08:30 07:30-09:00 09:00-13:30	CC Training Bib pick up Individual Sprint, Classic Technique; Jr & Sr M/W and CCUNC	Whistler Olympic Park trails Race office, Whistler Olympic Park Red & blue courses
Friday, 29 March	09:00-15:00 17:00-18:00	Official Training Team Captains' Meeting	Whistler Olympic Park trails Whistler Athlete Centre, 1080 Legacy Way, Whistler
Saturday, 30 March	08:00-08:30 07:30-09:00 09:00-15:00  18:00-23:00	CC Training Bib pick up Mass Start, Long Distance, Free Technique; open PN Mass Start, Long Distance (for Standing, Free Technique) Banquet (doors open at 18:00, dinner served 18:30)	Whistler Olympic Park trails Race office, Whistler Olympic Park Red & blue courses  Whistler Conference Centre, Whistler Village



Document 2.2.3 Revised (June 2012)

Canadian College and University Nordic Championships CCUNC ELIGIBILITY AUTHORIZATION Competition year _____						
To be authorized by the college/university registrar and received by CCC's DEM by Monday, March 18, 2013 Send to: Dave Dyer - ddyer@cccski.com						
University/College:						
Coach:		Phone:		E-mail:		
Last Name	First Name	Gender	Birth date	College/University Course	Year of study	Enrolled in a minimum of 3 courses /semester –please check
Director of athletics or designate:		Signature:				Date:
Print name:		Contact email:				Date:
Registrar or designate:		Signature:				Date:
Print name:						